

# Psalms – A Course through Chaos

**Turn** – Seeking the Lord – v1-2a

**Complain** – Sleepless and Speechless – v2b-9

**Ask** – Appealing to the Most High – v10

**Trust** – A Course through Chaos – v11-18

## Psalm 77 ESV

- 1 I cry aloud to God,  
aloud to God, and he will hear me.
- 2 In the day of my trouble I seek the Lord;  
in the night my hand is stretched out without wearying;  
my soul refuses to be comforted.
- 3 When I remember God, I moan;  
when I meditate, my spirit faints. *Selah*
- 4 You hold my eyelids open;  
I am so troubled that I cannot speak.
- 5 I consider the days of old,  
the years long ago.
- 6 I said, "Let me remember my song in the night;  
let me meditate in my heart."  
Then my spirit made a diligent search:
- 7 "Will the Lord spurn forever,  
and never again be favorable?
- 8 Has his steadfast love forever ceased?  
Are his promises at an end for all time?
- 9 Has God forgotten to be gracious?  
Has he in anger shut up his compassion?" *Selah*
- 10 Then I said, "I will appeal to this,  
to the years of the right hand of the Most High."
- 11 I will remember the deeds of the Lord;  
yes, I will remember your wonders of old.
- 12 I will ponder all your work,  
and meditate on your mighty deeds.
- 13 Your way, O God, is holy.  
What god is great like our God?
- 14 You are the God who works wonders;  
you have made known your might among the peoples.
- 15 You with your arm redeemed your people,  
the children of Jacob and Joseph. *Selah*
- 16 When the waters saw you, O God,  
when the waters saw you, they were afraid;  
indeed, the deep trembled.
- 17 The clouds poured out water;  
the skies gave forth thunder;  
your arrows flashed on every side.
- 18 The crash of your thunder was in the whirlwind;  
your lightnings lighted up the world;  
the earth trembled and shook.
- 19 Your way was through the sea,  
your path through the great waters;  
yet your footprints were unseen.
- 20 You led your people like a flock  
by the hand of Moses and Aaron.