September 15, 2024 Psalm 103

## Psalms – Bless the Lord, O My Soul

A Call to Praise – v1-2

Personal Benefits – v3-5

Communal Benefits – v6-13

Eternal Benefits – v14-19

A Call to Praise – v20-22

## Psalm 103ESV

Of David.

- <sup>1</sup> Bless the Lord, O my soul, and all that is within me, bless his holy name!
- <sup>2</sup> Bless the Lord, O my soul, and forget not all his benefits,
- <sup>3</sup> who forgives all your iniquity, who heals all your diseases,
- 4 who redeems your life from the pit, who crowns you with steadfast love and mercy,
- 5 who satisfies you with good so that your youth is renewed like the eagle's.
- <sup>6</sup> The Lord works righteousness and justice for all who are oppressed.
- <sup>7</sup>He made known his ways to Moses, his acts to the people of Israel.
- 8 The Lord is merciful and gracious, slow to anger and abounding in steadfast love.
- 9 He will not always chide, nor will he keep his anger forever.
- <sup>10</sup> He does not deal with us according to our sins,
  - nor repay us according to our iniquities.
- <sup>11</sup> For as high as the heavens are above the earth,
- so great is his steadfast love toward those who fear him;
- 12 as far as the east is from the west,

- so far does he remove our transgressions from us.
- <sup>13</sup> As a father shows compassion to his children,
- so the Lord shows compassion to those who fear him.
- 14 For he knows our frame; he remembers that we are dust.
- 15 As for man, his days are like grass; he flourishes like a flower of the field;
- 16 for the wind passes over it, and it is gone, and its place knows it no more.
- <sup>17</sup> But the steadfast love of the Lord is from everlasting to everlasting on those who fear him,
- and his righteousness to children's children,
- 18 to those who keep his covenant and remember to do his commandments.
- 19 The Lord has established his throne in the heavens,
  - and his kingdom rules over all.
- 20 Bless the Lord, O you his angels, you mighty ones who do his word, obeying the voice of his word!
- <sup>21</sup> Bless the Lord, all his hosts, his ministers, who do his will!
- 22 Bless the Lord, all his works, in all places of his dominion.Bless the Lord, O my soul!