

# Psalms – Bless the Creator and Sustainer

Creating – v1-9

Sustaining – v10-29

Bless the Lord – v30-35

Next Week – Psalm 105 – Pastor Jude

# Psalm 104 ESV

<sup>1</sup> Bless the Lord, O my soul!

O Lord my God, you are very great!

You are clothed with splendor and majesty,

<sup>2</sup> covering yourself with light as with a garment,  
stretching out the heavens like a tent.

<sup>3</sup> He lays the beams of his chambers on the waters;  
he makes the clouds his chariot;

he rides on the wings of the wind;

<sup>4</sup> he makes his messengers winds,  
his ministers a flaming fire.

<sup>5</sup> He set the earth on its foundations,  
so that it should never be moved.

<sup>6</sup> You covered it with the deep as with a garment;  
the waters stood above the mountains.

<sup>7</sup> At your rebuke they fled;  
at the sound of your thunder they took to flight.

<sup>8</sup> The mountains rose, the valleys sank down  
to the place that you appointed for them.

<sup>9</sup> You set a boundary that they may not pass,  
so that they might not again cover the earth.

<sup>10</sup> You make springs gush forth in the valleys;  
they flow between the hills;

<sup>11</sup> they give drink to every beast of the field;  
the wild donkeys quench their thirst.

<sup>12</sup> Beside them the birds of the heavens dwell;  
they sing among the branches.

<sup>13</sup> From your lofty abode you water the mountains;  
the earth is satisfied with the fruit of your work.

<sup>14</sup> You cause the grass to grow for the livestock  
and plants for man to cultivate,

that he may bring forth food from the earth

<sup>15</sup> and wine to gladden the heart of man,  
oil to make his face shine  
and bread to strengthen man's heart.

<sup>16</sup> The trees of the Lord are watered abundantly,  
the cedars of Lebanon that he planted.

<sup>17</sup> In them the birds build their nests;  
the stork has her home in the fir trees.

<sup>18</sup> The high mountains are for the wild goats;  
the rocks are a refuge for the rock badgers.

<sup>19</sup> He made the moon to mark the seasons;  
the sun knows its time for setting.

<sup>20</sup> You make darkness, and it is night,  
when all the beasts of the forest creep about.

<sup>21</sup> The young lions roar for their prey,  
seeking their food from God.

<sup>22</sup> When the sun rises, they steal away  
and lie down in their dens.

<sup>23</sup> Man goes out to his work  
and to his labor until the evening.

<sup>24</sup> O Lord, how manifold are your works!  
In wisdom have you made them all;  
the earth is full of your creatures.

<sup>25</sup> Here is the sea, great and wide,  
which teems with creatures innumerable,  
living things both small and great.

<sup>26</sup> There go the ships,  
and Leviathan, which you formed to play in it.

<sup>27</sup> These all look to you,  
to give them their food in due season.

<sup>28</sup> When you give it to them, they gather it up;  
when you open your hand, they are filled with  
good things.

<sup>29</sup> When you hide your face, they are dismayed;  
when you take away their breath, they die  
and return to their dust.

<sup>30</sup> When you send forth your Spirit, they are created,  
and you renew the face of the ground.

<sup>31</sup> May the glory of the Lord endure forever;  
may the Lord rejoice in his works,

<sup>32</sup> who looks on the earth and it trembles,  
who touches the mountains and they smoke!

<sup>33</sup> I will sing to the Lord as long as I live;  
I will sing praise to my God while I have being.

<sup>34</sup> May my meditation be pleasing to him,  
for I rejoice in the Lord.

<sup>35</sup> Let sinners be consumed from the earth,  
and let the wicked be no more!

Bless the Lord, O my soul!

Praise the Lord!